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All New Kidney Failure Treatment Matcher Offers Values-based Decision Making for All Treatment Options

Madison, Wisconsin — Medical Education Institute (MEI) has launched a beta version of its all-new **evidence-based decision aid for end-stage kidney disease (ESKD), [My Kidney Life Plan](#)**. Written at a 5th grade reading level, the tool is a complete update of the award-winning *My Life, My Dialysis Choice*, and **now contains ALL ESKD treatment options**: transplant, dialysis, and active medical management (“comfort care”). Each set of options can be toggled on and off by users, and the final version will be in English and Spanish. The 1-page summary is an Advance Directive for ESKD options choice.

[My Kidney Life Plan](#) offers vital hope by matching treatment options to lifestyle values. MEI seeks comments from people with non-dialysis chronic kidney disease, those on dialysis, family members, and kidney professionals: 1). **Visit <https://mykidneylifeplan.org>**. 2). **Choose values** from the list. 3). **Click the orange comment button** on the bottom of each page to comment.

Dori Schatell, MS, MEI Executive Director, says, *“No one **wants** to need treatment for ESKD, and most are frozen with terror and can’t even hear anything we say about options. Starting instead with ‘what matters to you?’ is a less-threatening approach. The tool helps people tap into their motivation and offers hope to overcome fear and move forward toward better lives—despite kidney failure.”*

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